

## Are you in an abusive relationship?



### Does someone you love:

- Embarrass you with put-downs?
- Look or act in ways that scare you?
- Put you down by name calling?
- Control what you do, who you see or talk to, or where you go?
- Take your money or refuse to give you money?
- Make all of the decisions?
- Prevent you from working or attending school?
- Tell you the abuse is your fault, it's not a big deal, or deny doing it?
- Destroy your property?
- Intimidate you with weapons?
- Shove, slap, choke or hit you?
- Threaten to kill you?
- Threaten to commit suicide?

If you answered yes to any of the above questions, you may be in an abusive relationship.

## Services of the Irving Family Advocacy Center



The Irving Family Advocacy Center is designed to respond to the needs of families and victims of crime in Irving. The services of the center are free to residents and include:

◆**Counseling Services:** Individual, couples, and family counseling, as well as parenting classes, support groups, and play therapy.

◆**Domestic Violence Unit:** Investigates family violence cases in Irving, prepares cases for prosecution of offenders, and makes efforts to reduce family violence in the community.

◆**Victim Services:** Provides crisis counseling, information, referrals, safety planning, legal and personal advocacy to victims of violent crime.

◆**Family Outreach:** Provides in-home mentoring for families, parenting classes, teen support groups, and community education.

◆**Child Protective Services:** Investigates reports of child abuse and neglect and provides services to address family needs.

**Victim Information & Notification:** To find out if an offender is in custody in a county jail, please call 1-877-894-8463.

## Important Phone Numbers



### ◆Law Enforcement

IPD Main (972) 721-2661  
IPD Domestic Violence (972) 721-6560  
IPD Jail (972) 721-2500

◆**Victim Services** (972) 721-6550

### ◆Emergency Shelters

Brighter Tomorrows (972) 262-8383  
Family Place (214) 941-1991  
Salvation Army (214) 424-7208

### ◆Legal Services

NW Texas Legal (214) 748-1234  
Legal Hotline 1-800-777-3247  
Dallas Bar Assoc. (214) 220-7444  
Catholic Charities (Immigration) (214) 553-9909  
Attorney General (Child Support) 1-800-252-8014

### ◆Financial/Food Assistance

Irving Cares (972) 721-9181  
Urban League (214) 413-1759  
TX Dept. Human Svcs. (972) 579-3080

### ◆Medical Assistance

Baylor Medical Center (972) 579-8100  
Parkland VIP (214) 590-2926

### ◆Counseling

Irving Family Advocacy (972) 721-6521  
Children First (972) 264-0604  
Dallas Metrocare 1-877-283-2121  
Parkland VIP (214) 590-2926

◆**Community Resource Line** 211 OR (214) 379-4636

◆**National Domestic Violence Hotline** 1-800-799-7233

## Victim Services Resource Guide



**Irving Family Advocacy Center**  
**600 W. Pioneer Drive**  
**Irving, TX 75061**  
**(972) 721-6555**

## Safety Planning



You have a right to be safe. The following is a list of ideas to help you stay safe.

- ◆ Identify a neighbor or friend who you can tell about the violence and ask them to call 911 if they see or hear anything of concern.
- ◆ Have a plan for where you can go if you need to leave in an emergency.
- ◆ Keep a bag packed in an undisclosed location.
- ◆ Begin establishing your independence by doing job training, setting up a bank account, scheduling child care.
- ◆ Find out about resources within your community such as shelters, police, and counseling services.
- ◆ Be aware of your surroundings when you are going to and from work or home.
- ◆ Vary your daily routine.
- ◆ Keep a cell phone with you at all times.

If you plan to leave, you may want to take:

Personal identification, Birth Certificates, medications, address book, Passport, Drivers License, money, insurance information, Social Security cards, school records, and any other legal documentation that may be beneficial.

If you need help developing a personal safety plan, call 972-721-6560 or the National Domestic Violence Hotline at 1-800-799-7233.

## Restraining Orders & Emergency Protective Orders

### Restraining Orders

Restraining orders are civil orders that prevent an individual from coming within a certain distance of a location. This order is not police enforceable. In order to file, you will need to contact a civil attorney. You can locate a civil attorney through the Dallas Bar Association Attorney Referral Hotline at (214) 220-7444.

### Emergency Protective Orders

Emergency Protective Orders are police enforceable orders that can be obtained ONLY when an offender is in jail on a domestic violence charge. The order may be requested by the victim, a police officer, or a magistrate. The order can last from 31 days to 91 days, depending on the offense. The order becomes effective immediately after the magistrate signs it and the defendant is provided a copy. An Emergency Protective Order has the same provisions as a Protective Order. You may contact Victim Services at (972) 721-3608 during regular business hours or the jail on evenings and weekends at (972) 721-2625 to request an Emergency Protective Order. You will receive a copy of the order by mail or you may pick it up in person at the Irving Family Advocacy Center.

## Protective Orders



A protective order may be filed in Dallas County by an individual who has been assaulted or threatened in person within the last 90 days by someone they share an intimate relationship with, are related to, or are dating.

Protective Orders are police enforceable and last for 2 years. The order typically states that the abuser **CAN NOT**:

- ◆ Come within 500 feet of your home or work.
- ◆ Threaten, harass, assault, annoy, or stalk you.
- ◆ Have a third party threaten, harass, assault, annoy or stalk you.
- ◆ Possess a firearm

To apply for a protective order, go to the Frank Crowley Courthouse at 133 North Riverfront Blvd between the hours of 8:00am and 2:00pm Monday through Friday. The Protective Order Unit is on the 10th floor. Applications are accepted on a first come, first serve basis. Be prepared to spend 2 to 3 hours at the Protective Order Unit.

You will need to bring a current state picture I.D., an address where the abuser can be served, and your home and work address that you want to have protected.

For additional information call 214-653-3528.

## Crime Victims' Compensation

Crime Victims' Compensation is a program out of the Attorney General's office that provides financial assistance to victims of violent crime. There are a few basic requirements for eligibility:

- ◆ You must have been a victim of violent crime in Texas or be a Texas resident who becomes a victim in an area that does not have a compensation program.
- ◆ You must be willing to follow through in the prosecution of the case.
- ◆ You must report the offense within a reasonable period of time.
- ◆ You must file the application within three years of the date of the crime.

Crime Victims' Compensation may pay for counseling, loss of support, loss of earnings, child or dependent care, medical expenses, funeral expenses, and relocation for victims of domestic violence or certain sexual assault offenses.

In order to apply, you must submit an application to the Attorney General's office. Applications may be obtained through the Victim Services Unit of the Irving Police Department or you may download the application at <http://www.oag.state.tx.us> or call 1-800-983-9933. The Victim Services Unit is available to assist you with the application process and may be able to help you get the claim processed faster.